

Puravita

WHOLEGRAIN

FULL OF TASTE. FULL OF LIFE.





**FULL OF TASTE.
FULL OF LIFE.**

THE AMAZING JOURNEY OF **WHOLEGRAIN** THROUGH TIME

Mankind has been consuming grains for ages. Wholegrains are now a trend as we seek to eat healthier and more natural. Puravita Wholegrain provides tasty bread with a valuable intake in nutrients by keeping the best of the grain.

AN OUTSTANDING NUTTY TASTE FOR A BREAD FULL OF FLAVOUR

The combination of sunflower and sesame seeds provides your bread with a wonderful nutty taste. On top of that, millet seeds offer a very sweet texture to the bread.

WHAT GRAINS CAN I DISCOVER IN THE BREAD ?



WHY IS IT GOOD FOR ME ?

Puravita Wholegrain is a balanced mix of cereals, grains, flakes, sourdough and honey. With 40% wholegrain, Puravita Wholegrain breads are rich in fibers, vitamins (B and E) and minerals.

**RICH
IN
FIBERS**

**RICH
IN
VITAMINS**

**SOURCE
OF
MAGNESIUM**

SURPRISING AND HEALTHY APPETIZERS



PURAVITA WHOLEGRAIN'S LEBANESE GRISSINI

These delicious Puravita Wholegrain grissini from Lebanon are the perfect appetizers for a dinner with friends. Prepare different typical dishes such as falafels or sauces to dip the grissini such as Labneh with fresh goat's cheese, rosemary and honey and a delicious humus.

*Try Puravita
Wholegrain
bread*

