

Puravita

PROTEIN BREAD

FULL OF TASTE. FULL OF LIFE.





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FULL OF LIFE.**

PROTEINS: A BASIC NUTRIENT FOR OUR HEALTH

Proteins are one of the three basic macro nutrients that are required for our body to work well. They can be found in the majority of the food we eat and more specifically in meat. But did you know that proteins can also be found in bread? Thanks to the delicious grains it contains, Puravita Protein offers you a healthy and tasty alternative to get proteins into your body at anytime of the day.

A NUTTY AND FRUITY TASTE WITH A TOASTED FLAVOUR

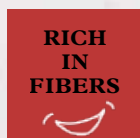
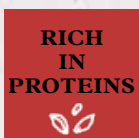
Soy and sunflower seeds in Puravita Protein give the bread a nutty taste. In addition, thanks to the use of sourdough, a fruity taste will delight your taste buds.

WHAT GRAINS CAN I DISCOVER IN THE BREAD ?



WHY IS IT GOOD FOR ME ?

Puravita Protein is a good ally to get your daily amount of protein. Puravita Protein bread contains twice more proteins (22 grams) than regular breads and 65% less carbohydrates. Puravita Protein is also rich in fibers.



A HEALTHY AND TASTY SALAD FOR DINNER



PURAVITA PROTEIN ROUND BREAD

With a basis of quinoa as source of protein, add some avocado and purslane. Then add fried sweet potatoes, parsnip, red and yellow carrots. Finally add some humus and sesame seeds in order to customize your salad with tasty toppings. Enjoy your salad with a delicious round bread.

*Try
Puravita
Protein Knob!*

